

e-CourtReporter Presents:
e-Tips Newsletter

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Wil Wilcox: Prevent Spyware
Keith Vincent: A Realtime Display Macro

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Beware of Spyware

Spyware and adware programs lurking in your hard drive can track what you do on the Internet such as what Web sites you go to. **Spyware** is used to send you targeted pop-up ads as well. Keystroke loggers track every key you type on your computer and then upload that information to a hacker or server computer on the Internet. Data that is collected by these surveillance programs oftentimes includes your e-mail address which is then added to spam mailing lists and much, much more.

Let me share with you here the details of just one common **spyware** program. Lover Spy is a program that people can buy and e-mail you as an e-greeting card which automatically installs a program on your computer. This is a direct quote from a Web site selling the very devious Lover Spy program. *“Immediately, an exact copy of all e-mails, Hotmail, Yahoo, AOL, Outlook, Excite, all their actual Passwords (not just what they type), and passwords typed into the web browser, everything they Type in all programs, all their Chat Conversations on-line, every Web Site they visit, and much more, is forwarded to your e-mail address.”* Some Web sites install **spyware** on your computer just from visiting them. Many free programs that you download may contain hidden **spyware** which is also installed such as Kazaa. It goes on and on.

Having these programs running on your computer without your knowledge may lead to your computer slowing down and even freezing which is not a good thing when you're in the middle of realtime. It should be noted that some Internet Service Providers such as Earthlink now offer some free **spyware** utilities that you can download, but I would not consider this a replacement for one of these programs.

Now is the time to begin using software to illuminate the scourge of **spyware**. This is a supplement to, not a replacement for, your antivirus software. I recommend Ad-aware (\$27 for the Plus version or free for the personal version; <http://www.lavasoft.de>) and Spybot Search & Destroy (free; <http://www.download.com>). Ad-aware quarantines the files it removes which lets you restore any that you really don't want to get rid of such as cookies from Web sites that you do want to be able to store your user name and password. Ad-aware has a friendlier interface than **Spybot**, and the \$27 Ad-aware **Plus** version has the memory-resident scanner that offers the BEST all-around protection, so I'll include the download and installation

instructions for it. **Spybot** was very effective, though it's not the most user friendly. These programs perform a scan of your computer for **spyware** which should be done at least weekly.

Go to <http://www.download.com> (or to <http://lavasoft.element5.com/support/download/>) .

In the Search box type **Ad-aware** and click Go or press the Enter key. The first link under Search Results is Ad-aware 6.0. Click on that link, and click on Download Now.

In the Save As box click on Save. Please make note of the location where the download file, aaw6.exe, will be saved. Saving the file to your Desktop makes it very easy to find. Click on Save.

Click on Start, Run, and then go to that file and double-click on it. If you saved the aaw6.exe to the Desktop, double-click on it there. The Setup Wizard will begin. Click on Next and then click through the wizard. Click Finish. The Wizard will install an Ad-aware shortcut on your Desktop.

Once you start the program you can scan for **spyware** programs, quarantine them, and even "recover" deleted **spyware** if the deletion causes any problems with your system. The **Webupdate** feature lets you check for **spyware** reference file updates and download them.

Don't play Russian roulette with your computer and personal information every time you go on the Internet. Add **spyware** protection to your arsenal of online security tools today.

[I'd like to thank Vicki **Shobe**, Eclipse trainer and computer consultant extraordinaire, for her contributions to my research into **spyware** software and specifically for recommending Ad-aware to me.]

Macro for a Realtime Color Scheme

While putting together a new tutorial on Total Eclipse Captioning (coming soon), I realized it might be nice to have a way to quickly change the realtime text window without affecting other text windows that might be used for scripts, etc. The best way to do this was by means of a macro. This same macro is one that reporters in general could use if they have multiple windows open and want to give the realtime window to have a distinctive look.

You might think this macro -- **{Display:7 - Realtime Color Change}** -- has an odd name, but that enables it to be part of the group of Display choices that are offered when you use speedkey **Shift Ctrl F12**, which I described in January 2003 (E-Tip #23).

There are many steps in this macro. To make it a bit easier to follow, I'll break it into parts. However, I've also created a portable macro export file. You can download it at the E-Tips page of my website: www.KVincent.com. After I describe the macro, I'll give instructions for importing it from the website.

Cmd: Display properties - creates a temporary display change
Alt+F - opens Editing Fonts dialogue
ARIAL - selects Arial as display font
Shift+Tab (twice) - moves to OK button
Enter - presses OK button
Alt+C - moves to Color selections

End, Up - move to "Text Box and page Background"
Tab, Alt K - select new Background color
Up (6x), Left (7x), Down (5x), Right (5x) - select Gray
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Home - move to "Normal translated text"
Tab, Alt G - select new Foreground color
Down (5x), Left (7x) - select Black
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Down - move to "Text typed in by the user"
Tab, Alt G - select new Foreground color
Left (7x), Down (5x), Up (2x) - select Burgundy
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, P - move to "Print commands"
Tab, Alt K - select new Background color

Down (5x), Right (7x) - select White
Spacebar, Tab (3x), Enter - move to and press OK button

Alt G - select new Foreground color
Down (5x), Left (7x), Up (2x) - select Burgundy
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, F - move to "Form field color"
Tab, Alt K - select new Background color
Left (7x), Up (5x), Right - select Yellow
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, F - move to "Form field color"
Tab, Alt G - select new Foreground color
Down (5x), Left (7x), Up (2x) - select Burgundy
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Home, C - move to "Conflicts not yet selected"
Tab, Alt G - select new Foreground color
Left (7x), Down (5x), Right (2x), Up (2x) - select Green
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Home, C - move to "Conflicts selected by the computer"
Tab, Alt G - select new Foreground color
Down (5x), Right (7x), Left (3x), Up (1x) - select Dark Blue
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Home, A - move to "Automatic text added by translator"
Tab, Alt G - select new Foreground color
Left (7x), Down (5x) - select Black
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, O - move to "Other paragraph labels"
Tab, Alt G - select new Foreground color
Left (7x), Up (5x), Right (1x), Down (1x) - select Yellow
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Q - move to "Question paragraph labels"
Tab, Alt G - select new Foreground color
Left (7x), Up (5x), Down (1x) - select Red
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, A - move to "Answer paragraph labels"
Tab, Alt G - select new Foreground color
Left (7x), Down (5x), Right (4x), Up (2x) - select Blue
Spacebar, Tab (3x), Enter - move to and press OK button

Shift+Tab, Home, CCC - move to "Conflicts selected by the user"
Tab, Alt G - select new Foreground color
Left (7x), Up (5x), Down (2x), Right (3x) - select Dark Green
Spacebar, Tab, Enter - move to OK button of Display Properties dialogue

Escape - Do NOT make changes permanent

A lot of steps, I know, but the pattern can be helpful if you'd like to modify the macro to adjust the colors to any that you prefer.

Again, you can simply import this macro from the E-Tips page of my website: <http://www.KVincent.com>. Just go to the description for E-Tip #30, where you'll see it says: "Click here to download portable macro file."

Once you've imported the macro, you can go to the "Edit" section of User Settings and press the "Macros" button. Then click "Import" and find the macro file that you downloaded from the website. That should do it. Enjoy!

Who Are We?

Wil Wilcox is a freelance court reporter in Los Angeles, California, and has been a technology consultant for reporters since 1995. Since 1998, he and Robert Denos have been the Advantage Software representatives for Southern California.

Keith Vincent is a freelance court reporter in Houston, Texas. He's been an Advantage Software rep, trainer, and tester since 1992. In 1997 he wrote the Hyperkeys tutorial for Eclipse users.

Robert Denos is the manager and event coordinator for e-CourtReporter, LLC.

Any questions on seminars or workshops should be directed to Robert at this address:

e-CourtReporter@pobox.com or call (818)766-7346.

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